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Canada's new finance
minister tells Halifax
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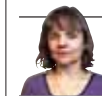
See interview with
Bill Morneau, **metroNEWS**

Finance Minister
Bill Morneau speaks at
the Halifax Chamber of
Commerce luncheon at the
Westin Nova Scotian on
Monday. JEFF HARPER/METRO

Police to parents: Talk to your kids

INVESTIGATION

RCMP makes plea after teens charged with child porn



**Yvette
d'Entremont**
Metro | Halifax

Police are urging parents to talk to their children about the seriousness of distributing intimate images after child-pornography charges were laid against two 15-year-olds.

"I absolutely think it is part of parents' responsibility to sit down and have these discussions with their children when their children are using smartphones," said Nova Scotia RCMP spokesman Const. Mark Skinner.

On Monday, Windsor RCMP laid charges against a 15-year-old boy and a 15-year-old girl. The pair both face charges of possession of child pornography and distribution of child pornography. The female also faces a charge of publication of child pornography.

Police said the charges resulted from intimate images of a 15-year-old girl that were shared online through text messages and a chat website.

"The reason we wanted to get it out there is obviously it is

something that can happen to any youth," Skinner said.

Statistics for the number of child-pornography charges laid against young offenders in the Halifax region were unavailable at press time. But Skinner said in RCMP-policed areas outside of Halifax Regional Municipality in 2015, police dealt with three files in which charges of child pornography were laid against young offenders.

The two Hants County teens facing child-pornography charges came to the attention of police after other students reported the image to school administrators.

Skinner advises teens who encounter such images to notify someone in authority, not distribute them and delete them.

Halifax regional school board spokesman Doug Hadley said the board addresses issues of sexting/texting in its health education classes in Grades 7, 8 and 9 as the provincial curriculum requires.



Parents need to have these discussions with teenagers about the safety aspect with smartphones.

RCMP Const. Mark Skinner

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CRIME

Police probe flood of local robberies

A rash of armed robberies in Halifax and Dartmouth kept police busy on Sunday night.

The first incident happened at 8:20 p.m. when police responded to a robbery complaint in the 5000 block of Gerrish Street in Halifax. A woman, 27, went into a residence to purchase a cell-phone from a man she knew. Once inside, he produced a knife and demanded money from her.

The suspect, age 30, had already fled by the time police arrived. He was located a short time later.

The man faces robbery and weapons-related charges.

The second robbery occurred at 9:15 p.m. in the 1000 block of Wellington Street in Halifax, where a group of three men entered a residence armed with a handgun and demanded money from the occupants.

Police and a K-9 team searched

the area but were unable to find the suspects. No one was hurt in the incident.

At 9:25 p.m., police were called to a disturbance in the 300 block of Prince Albert Road in Dartmouth, where four men had forced their way into a residence armed with a firearm and a large knife.

They rummaged through the home and fired a shot into the ceiling before fleeing on foot. There were no injuries.

The fourth robbery occurred at the Ultramar gas station at 219 Pleasant St. in Dartmouth at 10:50 p.m. METRO

+ NEED TO KNOW

Police say they don't believe the robberies are related.

DARTMOUTH

Two teens nabbed for home break-in

Two teenagers are expected to face charges following an armed break-in in Dartmouth on Monday morning.

An 18-year-old man and 17-year-old boy were in police custody Monday afternoon after allegedly breaking into an apartment unit on the 0 to 100 block of Mountain Avenue with a firearm, police said in a news release.

Police officers responded to the call just after 4 a.m., the Halifax Regional Police release said, adding two residents were in the apartment when the man and

boy broke in "and demanded cash and personal property."

The victims weren't hurt and were able to call police while the suspects were still inside their apartment.

Officers were able to arrest one of the suspects in the backyard of the apartment building, and following a brief foot chase with a police dog, nabbed the second on the 0 to 100 block of Chrysler Avenue.

Officers retrieved the gun inside the apartment building, police said. METRO

IN BRIEF

Bullet wound likely caused by neighbour, say police

Police say an Annapolis Valley man who went to hospital with a gunshot wound was likely shot by another man from the same area.

Police were called to the Annapolis Community Health Centre at about 7:30 p.m. on Saturday where a man had come into the clinic with a gunshot wound to his arm.

The 48-year-old man was taken to hospital for treatment of his injury, which is not considered serious. METRO

Jewelry store robbed

Cape Breton Regional Police are investigating an armed robbery that took place on Monday morning.

According to a news release, at about 10:30 a.m., the Cape Breton Regional Police responded to an armed robbery at London Jewellers on Charlotte Street in Sydney.

The suspect is described as male with a pale complexion. He wore a winter jacket, orange hoodie, gloves and hat. METRO



FORECAST WICKED WET WEEK APPROACHING A Halifax Transit bus makes a splash on the Bedford Highway on Monday. A significant rainfall overnight Sunday made for wet roads in Halifax during the morning commute. More nasty weather is expected Tuesday night into Wednesday, with snow and rain. JEFF HARPER/METRO

Photo stolen from pub making return home

OLD TRIANGLE ALEHOUSE

Owner uses social media to locate culprits, historic image

Yvette d'Entremont
Metro | Halifax

A framed photograph stolen last week from the wall of a Halifax pub is on its way back from Ontario, thanks to social media.

The photo that depicts the Belfast Titanic memorial at night was taken from the Old Triangle Irish Alehouse after a night of drunken revelry.

"We had a couple of custom-

ers who had themselves a good old time and sometime at the end of the night decided to take a memento with them and took it down," said Brendan Doherty, the Old Triangle's director of operations.

Although the pub had photos and video of the theft, Doherty said it opted to first try an appeal via social media.

"We do have your photo and video of the theft and really don't want to post it online or call the police," the Facebook post read. "We would just like to have our picture back."

About 150,000 people saw the post, and it was shared on Facebook by almost 1,800 people.

"We have all been there and done things we aren't proud of in our time," Doherty said. "We



Inside the Old Triangle pub, where a photo depicting the Belfast Titanic memorial was taken by suspected drunken customers and eventually relocated to Ontario. METRO FILE

didn't want to shame anyone. We just wanted it back."

On Saturday, Doherty got a message from someone who said his friend had taken the picture to Ontario with him.

"He said that his friend was on his way to the post office at that minute to return it to

us," Doherty said. "We expect it back by (Tuesday)."

When it does make its re-appearance, the Titanic photo will be secured to the wall.

"I went to the hardware store as soon as I found out it was on its way back to us," Brian Doherty said.

TRAFFIC

Vehicle-pedestrian collisions on decline

Halifax police say there was a 21-per-cent decrease in reported vehicle-pedestrian collisions from 2014 to 2015.

Statistics released Monday show there were 208 vehicle-pedestrian collisions, down 54 from 2014.

The percentage of those col-

lisions in crosswalks was also down from 60 per cent in 2014 to 55 per cent.

Five people died in vehicle-pedestrian collisions last year, two had severe injuries, 28 had moderate injuries and 114 had minor injuries.

Another 68 either had no in-

juries or didn't disclose them to police.

There was also a reported decrease in incidents for the month of December, year over year, as well, with 33 reported incidents down from 39 in December 2014.

METRO

6

The total drop in collisions for last month when compared with December 2014.



Francis Fares, developer of King's Wharf in Dartmouth, wants the city to keep Station 13 staffed by career firefighters. JEFF HARPER/METRO

Fire station plans upset developer

CONTROVERSY

Must provide basic services to revitalize: Businessman



Zane Woodford
Metro | Halifax

A downtown Dartmouth developer says he's "frustrated" with the city over proposed changes to the King Street fire station.

Francis Fares, the developer of King's Wharf in downtown Dartmouth, wrote a letter to Mayor Mike Savage and the rest of regional council expressing his concerns with the plan to convert Station 13 on King

Street to e-platoon — meaning it would be staffed by career firefighters during the day, and volunteers firefighters at night.

A report before council on Tuesday approved by Halifax Fire Chief Doug Trussler also recommends converting Station 4 on Lady Hammond Road to e-platoon and converting Station 11 on Patton Road to volunteer only.

Council deferred the motion after a heated debate at city hall in November. The recommendations came after regional council shut down a

report last May that recommended decommissioning all three stations.

In his letter, Fares said any change to fire service is "counter" to his efforts in "the revitalization of the downtown Dartmouth area."

"They've been crying for years, 'Let's bring more density to our downtown core, let's bring more density to our downtown core,' and then they start cutting essential services, like reducing the hours on the ferry or bringing volunteer firefighters to tackle our

buildings," Fares told Metro on Monday.

Fares said he's concerned that volunteer firefighters might not live close enough to the station to respond quickly to fires during evenings, weekends and statutory holidays.

"It's all about time. I'm not questioning their competency level, I'm questioning the response time," he said. "Minutes could be valuable in saving lives."

Fares said he'd like to see

regional council maintain Station 13 as a 24/7 career firefighter-staffed station. When asked if he'd support a tax hike to pay for firefighter staffing in downtown Dartmouth, Fares said the question wasn't fair.

"We pay enough taxes to support a fire station in our community here," he said.

"The amount of tax we pay here, this place should be an oasis."

Deputy Mayor Matt Whitman suggested in an interview

with Metro on Sunday that raising taxes in order to hire more firefighters might be the only way to properly staff the city's fire stations.

"We've held the line on taxes the first three years, and it finally might be the time to do the right thing and get the coverage that taxpayers deserve," he said.

Mayor Mike Savage has declined to comment on the debate until Tuesday's council meeting.



We pay enough taxes to support a fire station in our community here. The amount of tax we pay here, this place should be an oasis. Francis Fares, Dartmouth developer

WASTE MANAGEMENT

Highway cleanup contractor wanted

The city is looking to clean up a portion of Highway 103 within Halifax Regional Municipality.

A tender posted on the province's website asks for quotes from contractors to supply and deliver "right-of-way litter cleanup services on a regular and as-

needed basis" on Highway 103 from St. Margaret's Bay Road to the Otter Lake Landfill Site.

The winning bidder would be responsible for cleaning up all litter and debris along both sides of the median, including shoulders and ditches. They

have to supply the garbage bags, personal protective equipment for employees, vehicles and transportation to Otter Lake Facility. The municipality will pay tipping fees for garbage at Otter Lake. The tender closes Jan. 21. ZANE WOODFORD/METRO



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Feds' pre-budget talks aim to identify 'common ground'

POLITICS

Provincial discussions to set framework for priorities



Haley Ryan
Metro | Halifax

The federal finance minister kicked off pre-budget consultations in Halifax but wouldn't say where or how much infrastructure money would be spent here.

Minister of Finance Bill Morneau spoke to the Halifax Chamber of Commerce on Monday afternoon to give an update on the country's economic situation, highlight improvement plans and urge the public to comment on Nova Scotia priorities that would also help the country.

"There's no easy answers. So this is where you come in," Morneau said to a crowd of hundreds at the Westin Nova Scotian downtown, including Halifax-area MPs and Mayor Mike Savage.

"I challenge you to help us to find some common ground, a space where we can all agree what will help serve us best."

Morneau outlined challenges the new Liberal government has faced since winning a majority, including a declining global economy, falling oil prices and a larger deficit than predicted.

He highlighted the importance of diversifying the work force to include more aboriginal people and those with disabilities, fostering innova-



Finance Minister Bill Morneau takes questions from the media at Dalhousie University on Monday. **Morneau says the purpose of the talks is to help identify objectives that help Canadians in their day-to-day lives.** JEFF HARPER/METRO

tion and opening up trade to countries besides the United States.

Canada's strengths include our debt to GDP ratio, natural resources and an educated population, but key investments in infrastructure and the middle class will make the most impact, Morneau said.

With \$60 billion in infrastructure promised over 10 years, Morneau said the feds are focused on three themes, or "buckets," including social, green and transit, each hold-



Our goal is to create the framework so that we can work together with provinces ... to get the projects that make sense for Canada. Bill Morneau

ing \$20 billion.

When asked about the aging Victoria General Hospital, Morneau said he had no information on the project at the time.

"Our goal is to create the framework so that we can

work together with provinces ... to get the projects that make sense for Canada," Morneau told reporters.

He added that details on any funding will go through the federal infrastructure department but did not have a

date on when that would be released.

In response to a question on whether hospitals would fall under the social "bucket" of money, Morneau said they are trying to define the category as things helping Canadians "in their day-to-day lives."

"I wouldn't want to be the one to exclude anything," Morneau said.

"We've identified a number of areas ... like housing in many cities where we have some real challenges."

+ NAVY FUNDING

Shipbuilding still a commitment: Morneau

Canada's finance minister said Monday the Liberals remain committed to investing in the navy and coast guard in Atlantic Canada.

Minister of Finance Bill Morneau told reporters the Liberals "made clear" during the campaign that it's important for them to invest in equipment for the navy in Halifax.

"We remain committed to making investments in shipbuilding here," Morneau said in response to a question about the Irving shipbuilding contract.

"It will be one of the things we're moving forward on."

The contract currently has Irving building six Arctic offshore patrol ships and 15 Canadian surface combatants.

HALEY RYAN/METRO

Although Morneau emphasized provincial input, Nova Scotia's financial minister said he's still not sure what projects the federal government is looking for.

"You don't want to get out the door too early with a priority list, when you identify priorities that aren't actually eligible," Randy Delorey said after the speech.

Delorey said he hopes to get that criteria after Morneau's consultations wrap up on Jan. 16 in Surrey, B.C.

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Lockout feared at Herald

LABOUR

61 unionized newsroom staff soon in strike position

Canada's largest independently owned daily newspaper, the Halifax Chronicle Herald, is bracing for a work stoppage in less than two weeks.

Management filed a notice Monday that gives the company the option to lock out its newsroom staff with 48 hours notice — a pre-emptive legal move that doesn't necessarily mean a lockout will happen.

Two days have been set aside for last-ditch, conciliated talks next week, but a union spokesman said there's only a slim chance of averting a legal lockout on Jan. 23 at 12:01 a.m.

Francis Campbell, vice-president with the Halifax Typographical Union, says 61 unionized workers in the newsroom will be in a legal position to strike that day, but none intends to walk off the job.

Instead, Campbell said the 140-year-old company has made it clear it is getting ready to lock out the employees to press its proposals to reduce wages, lengthen working hours, shrink future pension benefits and lay off up to 18 workers.

Mark Lever, CEO of The Halifax Herald Ltd., could not be reached for comment.

However, the company released a statement Friday saying that even with the proposed reductions, the Herald would remain the largest media com-



Union local president Ingrid Bulmer speaks in front of the Chronicle Herald in this file photo. JEFF HARPER/METRO

pany in Atlantic Canada, with wages and benefits that surpass other outlets.

Nancy Cook, the Herald's vice-president of administration, said the newspaper must cut costs to remain competitive.

"There is no denying that we are in a challenging business," Cook said in the statement. "The company's proposals come from contracts the union representing the Herald newsroom

has already agreed to at other media companies."

The union's opening proposal was a 7.5 per cent wage increase over three years. Campbell said the union was willing to negotiate but it never got the chance.

Just over 300 people work at the daily.

Prior to an initial round of layoffs in 2009, the Herald's newsroom included just over 100 unionized employees, said Campbell, the paper's Truro bureau chief. The proposed layoffs would reduce the newsroom to less than half its size seven years ago.

"I think the company will lock us out," Campbell said in an interview. "I think that's

been their agenda since we started bargaining."

The bargaining unit includes reporters, editors, photographers, editorial writers, columnists, page technicians and support staff. The company's proposal to cut wages and extend working hours from 35 to 40 hours a week will result in a 17 per cent reduction in newsroom pay, Campbell said.

As well, he said the company has a plan to lay off desk editors and replace them with non-unionized workers who will focus on laying out pages.

"Their jobs would be outsourced, possibly within the company, to its non-unionized advertorial department, for a

fraction of the pay and benefits," the union said in a statement.

As for pensions, Campbell says the company has indicated it wants to do away with the existing defined-benefit plan.

The union also says the Herald is expanding its advertorial and paid-content products, run by the advertising department.

"As we face more deep cuts to the newsroom, we feel very strongly that the company is leading us toward irrelevance: Less depth, less journalism, fewer compelling stories, more rewrites of news releases and more sponsored content," Ingrid Bulmer, president of the union local at the Herald, said in a statement. THE CANADIAN PRESS

POLITICS

Make immigrants settle in Maritimes: McKenna

The three Maritime premiers said Monday their provinces badly need more immigrants, even as a former New Brunswick premier proposed his own solution: require newcomers to live in the region.

"The imperative to have an immigration profile that is similar to the rest of the country in all aspects is mission critical," Prince Edward Island Premier Wade MacLauchlan said Monday.

He was reacting to an op-ed piece written by Frank McKenna, where the former New Brunswick premier says boosting Atlantic Canada's population through immigration is necessary to combat aging and declining populations.

New Brunswick saw deaths outpace births for the first time in 2014, and McKenna said the rest of the country needs to take note because an aging population costs more, and the declining population base will result in less equalization, fewer transfers for health and education, and less money raised from income tax.

McKenna said Atlantic Canada gets only about 2.5 per cent of immigrants to Canada.

"Immigrants go where immigrants are. They are all going to Montreal, Toronto and Vancouver. We have to break that mould somehow," McKenna, now deputy chairman of the Toronto-Dominion Bank, said in an interview.

He said the federal government should create a special program for Atlantic Canada that would require immigrants to live three to five years in the region before they are granted citizenship.

THE CANADIAN PRESS



The company is leading us toward irrelevance: Less depth, less journalism, fewer compelling stories.

Ingrid Bulmer, president of union local at Herald

CUMBERLAND COUNTY

Small stepping down as Amherst mayor

The Town of Amherst is going to be electing a new mayor in October.

Robert Small told members of the Amherst Rotary Club on Monday that he will not be reoffering for the position he has held since 2008.

"I've been thinking about it for quite a while now and this is the time when you normally make the decision about whether you're going to run again.

"It gives some people an opportunity to think about it and whether they want to put their

name forward," Small said after giving the annual state-of-the-town address to Rotary. "I'm not disappearing, but I am going to take a break."

Small served on town council during the mid-1990s, serving from 1994 to 1997.

He ran for mayor for the first time in 2008 and defeated longtime councilor Ed Chitty by 1,200 votes.

He faced a bigger test and a closer race in 2012 when he edged Wayne Bishop by under 200 votes.

TC MEDIA



Amherst mayor Robert Small (left) and Cumberland North MLA Terry Farrell at Small's 2015 levee. TC MEDIA FILE

Weeknights at 6 Hannah counts down the HOTTEST songs of the day.

6 SIX@6 LAST NIGHT:

- 6 One Direction Perfect
- 5 Classified ft Snoop Dogg No Pressure
- 4 Shawn Mendes ft Camila Cabello I Know What You Did Last Summer
- 3 The Chainsmokers ft Rozes Roses
- 2 Fetty Wap ft Remy Boyz 679
- 1 Justin Bieber Love Yourself

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Freedom for hostage

COLIN RUTHERFORD

Canadian released after being seized by Taliban in 2010

A Canadian man captured by the Taliban in 2010 has been freed.

Colin Rutherford was on a private vacation in Afghanistan when he was seized by the militant group in November of that year.

The last indication the To-



Colin Rutherford FACEBOOK

ronto man's family had that he was alive came in a 2011 video released by insurgents where he answered questions; an accompanying email accused Rutherford, then 26, of being a spy.

In the video, Rutherford insisted he was not a spy and had travelled to Afghanistan to study historical sites, old buildings and shrines.

Foreign Affairs Minister Stephane Dion announced Rutherford's release in a brief statement, but did not explain what steps were taken to secure his freedom — only that it involved the government of Qatar.

He says he was "very pleased" that efforts undertaken to get him out proved successful.

The involvement of Qatar in Rutherford's release is not entirely surprising. The Persian Gulf country has at times quietly played mediator between western governments and the Taliban — even helping to facilitate peace negotiations between governments in Kabul and the hardline insurgency.

THE CANADIAN PRESS

IN BRIEF

Refugee count nears 10K

Flight arrival data on the Immigration Department's website suggests the 10,000th Syrian will arrive on one of two flights bound for Toronto on Tuesday, though the department could not confirm that number.

THE CANADIAN PRESS

Detain immigrant children as last resort: Red Cross

Canada should lock up child immigrants only as a "last resort" and must find alternatives to detention for such vulnerable newcomers, the Red Cross said in its latest confidential inspection report.

THE CANADIAN PRESS



PEDIATRICS

3D-printed hearts help train for surgery

The pediatric surgeons hover over a tiny heart, gently retracting delicate inner structures and attaching a graft with impossibly intricate stitches to repair a congenital defect that would mean certain death within days of birth.

But this heart isn't inside the chest cavity of a newborn; it's a 3D-printed model being used at Sick Kids Hospital in Toronto to train cardiac surgeons from around the world in some of the most complex operations they will ever perform during their careers.

About a dozen trainees —

from Canada and such countries as Norway, Oman, Mexico and the United States — have come to watch master surgeons demonstrate the highly complicated techniques used to repair a number of congenital heart abnormalities and to safely practise those skills on models of their own.

Three-dimensional copies have been created of five hearts from real infants with cardiac anomalies using a high-tech 3D-printer, which almost perfectly reproduces the organ's structure using a photopolymer resin, based on sophisticated MRI and CT imaging.

This is a good way to practise it when the consequences are not dire.

Dr. Glen Van Arsdel

"Each of the models represents a very specific form of disease that is very different," says Dr. Glen Van Arsdel, chief of cardiovascular surgery at Sick Kids. "I can look at the model and tell you what the diagnosis is."

The 3D-printed hearts — some

orange, others whitish in colour — were produced by Dr. Shi-Joon Yoo, a cardiac radiologist at the hospital.

Depending on its size, a duplicate of a child's heart can take anywhere from four to 12 hours to produce, as layer upon layer of the resin is built up, he says.

While the current cost is somewhat prohibitive — estimated at about \$2,000 per model — Yoo says the technology means hundreds of copies can be printed after imaging a single child's heart to demonstrate a particular defect.

THE CANADIAN PRESS

IRAQ

ISIL says it's behind mall attack

The Islamic State of Iraq and the Levant (ISIL) group claimed responsibility for the Baghdad mall attack that killed 18 people on Monday. Gunmen stormed into the Jawhara Mall after setting off a car bomb and launching a suicide attack at its entrance.

Iraqi officials say the attack, which lasted over an hour, killed at least 18 people and wounded 50 in the city's mainly Shiite east.

The ISIL statement, posted online shortly after the attack, said a car bomb and four ISIL fighters carried out the attack, targeting an area where many Shiite Muslims are known to gather and warned of "worse" to come. Iraqi officials say the attack was carried out by seven men, one of whom died when he detonated his explosive vest at the start of the attack. The conflicting accounts could not



People gather in front of targeted mall. THE ASSOCIATED PRESS

immediately be reconciled.

Iraqi officials initially described the attack as a hostage situation, estimating that 50 people were trapped inside the complex. But Iraqi forces soon surrounded the building and landed troops on the roof. They clashed with attackers inside, killing two, and arresting four.

At least four police officers were among those killed in the

assault, according to police and medical officials, who spoke on condition of anonymity because they were not authorized to brief reporters.

ISIL suffered a major defeat last month when Iraqi forces drove them out of Ramadi, capital of the sprawling Anbar province. The group still controls much of northern and western Iraq. THE ASSOCIATED PRESS

IN BRIEF

Don't fight violence with violence, Germany begs

New Year's Eve attacks on women in Cologne blamed on foreigners were "intolerable," Chancellor Angela Merkel's spokesman said, but added nothing excuses retaliatory assaults on immigrants. Pakistanis and a Syrian were attacked there Sunday. THE ASSOCIATED PRESS

Swedish police accused of covering up assaults

Swedish police face allegations of a coverup for failing to report sexual assaults against teenage girls at a 2015 music festival. The newspaper Dagens Nyheter cited officials saying police hesitate to speak about crimes linked to migrants for fear of playing into the far right. THE ASSOCIATED PRESS

MEXICO

Sean Penn says he has 'nothin' to hide'

Actor Sean Penn said he has "nothin' to hide" after images published Monday indicated he was under surveillance when he met with the Mexican actress who led him to Joaquin "El Chapo" Guzman — and the pair was apparently followed and photographed as they set out for the supposedly secret meeting with the drug lord.

Penn also dismissed criticism over his interview with the fugitive, who was captured on Friday, a day before Penn's 10,000-word story was published in Rolling Stone magazine.

Mexican officials have said



Sean Penn.

AFP/GETTY IMAGES FILE

that contacts between Guzman's lawyers and Penn and actress Kate del Castillo helped them track down the fugitive and they raided his hideout in rural Durango state a few days after their Oct. 2 meeting. Guzman evaded authorities then but was

finally captured after a shoot-out Friday in the state of Sinaloa.

Guzman's capture came six months after his dramatic escape through a mile-long tunnel he dug from his cell at the maximum-security Altiplano prison, west of Mexico City.

He is back at the same prison. THE ASSOCIATED PRESS

Beef industry lowers harmful emissions

ENVIRONMENT

Results due to switching feed from grass to grains: Study

Canada's cattle industry is producing more beef with less greenhouse-gas emissions, says a new study.

Researchers at the University of Manitoba and Agriculture Canada found a 15 per cent reduction in methane emissions on a production basis between 1981 and 2011, and a 16 per cent cut in nitrous dioxide from manure.

The results were achieved partly by feeding cattle grain instead of grass and other forage when they are being fattened before slaughter, says the study published in the journal Animal Production Science.

"A lot of our efficiencies in Canada have to do with the use of grain in feedlot diets," Tim McAllister, a research scientist with Agriculture Canada, said Monday.

"They get more energy from it and with less digestive problems."

Changes in management practices have allowed cattle to be sent for slaughter at a younger age, around 18 months, rather than 24 months in the past.

The study compared the cattle herd, the amount of land required for beef production

and the change in greenhouse-gas emissions in the production of Canadian beef.

The results show the industry has become more efficient, with about 15 per cent less emissions overall.

"A significant reduction in GHG intensity over the past three decades occurred as a result of increased daily gain and slaughter weight, improved reproduction efficiency, reduced time to slaughter, increased crop yields and a shift toward high-grain diet that enabled cattle to be marketed at an earlier age," reads the study.

The beef industry accounts for 3.6 per cent of Canada's total greenhouse-gas emissions, a figure that hasn't changed much over the years, McAllister said.

20,000

Agriculture Canada once estimated a single lactating dairy cow produces a similar amount of greenhouse-gas emissions as a mid-sized car driven 20,000 km in one year.

Agriculture Canada once estimated that one lactating dairy cow produces a similar amount of greenhouse-gas emissions as a mid-sized vehicle driven 20,000 kilometres in one year.

The Canadian Cattlemen's Association hopes the study helps counter some of the criticism the beef industry has received over the years about how it affects the environment.

Tom Lynch-Staunton, an association spokesman, said many producers have changed how they operate. "It tells us that our changes in management practices are actually having a positive impact," he said.

The industry includes 68,500 beef farms, mainly in Western Canada. THE CANADIAN PRESS



Canadian cattle account for 3.6 per cent of the country's total greenhouse-gas emissions, according to a research scientist with Agriculture Canada. TORSTAR NEWS SERVICE FILE

ENTERTAINMENT

Cineplex gets into gaming contests

Cineplex has launched its first national video-game tournament in hopes of capitalizing on the growing popularity of competitive gaming to help fill seats at its countrywide chain of theatres.

The company's foray into gaming tournaments is aimed at a younger demographic being pulled away from movie theatres by mobile phones, YouTube and social media.

"E-sports are quickly becoming a global phenomenon and, as a company, we've invested in it because it allows us to engage a new customer base," Cineplex spokeswoman Sarah Van Lange said Monday.

Cineplex is offering \$50,000 in prizes in one-on-one matchups of Call of Duty: Black Ops III. The tournament will begin Saturday with qualifying rounds to be played online, followed by matches at 24 theatres next month and a final event on March 6.

The Canadian office of gaming giant Sony has signed on as the lead sponsor, and the competition will take place

+ E-SPORTS

• Competitive gaming, also known as e-sports, has become a huge market overseas in places such as South Korea and Japan, where matches of popular games like Starcraft sell out stadiums.

• The global e-sports industry was worth \$748 million US in 2015, according to SuperData Research, with viewership of some events, such as the League of Legends world championship, reaching into the tens of millions.

on that company's PlayStation 4 console.

But questions remain about the revenue potential for Cineplex.

"It's an unproven model, but there certainly seems to be a lot of gamers out there," said BMO analyst Tim Casey.

THE CANADIAN PRESS

market minute



DOLLAR

70.31¢ (-0.37¢)



TSX

12,319.25 (-126.20)



OIL

\$31.41 US (-\$1.75)



GOLD

\$1,096.20 US (-\$1.70)

NATURAL GAS: \$2.396 US (-7.6¢)
DOW JONES: 16,398.57 (+52.12)

IN BRIEF

Growth hit hard by oil prices: Finance minister

The federal finance minister says the economy is suffering from slower growth than originally projected by the former Conservative government.

Bill Morneau told several hundred people attending a Halifax Chamber of Commerce luncheon that his department's projections on growth since the 2015 budget have fallen due to oil prices that are less than half those of 2014.

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the big number

\$55M

That's the windfall David Bowie made by issuing "Bowie bonds" tied to his future royalties in 1997. The singer was ahead of his time not only when it came to music, gender expression and enormous pants, but also in terms of **securitization, the process of taking real-life assets and turning them into financial instruments.** Bowie bonds let him raise money without selling the rights to his work or having to wait for royalties to roll in. People who bought in received a portion of the future royalties from Bowie's 25-album, 21-year back catalogue over a 10-year period. The bonds paid a 7.9 per cent yield, and though they didn't perform as well as expected — the industry soon came under pressure from pirates — the idea caught on. Iron Maiden, James Brown and Rod Stewart got on the bond-issuing bandwagon. Soon securities promising future profits from everything from time-share loans to racehorse sperm flooded the market. (And subprime mortgages, too, though that's another story). Bowie had foreseen the ch-ch-ch-changes in the music business, telling the New York Times in 2002 that "The absolute transformation of everything that we ever thought about music will take place within 10 years ... just take advantage of these last few years because none of this is ever going to happen again." SOURCE: BLOOMBERG

A bigger down payment is actually a good thing



Diane Baker Mason
For Metro

It's a common misconception that buying a house is always a good investment.

This myth has been bolstered over the last decade by skyrocketing housing prices, with nearly frantic buyers borrowing disproportionate amounts of money in order to "enter the market," with

If this banquet ends with a crash, even those of us who never borrowed a penny will be chipping in to pay the bill.

down payments of as little as five per cent.

Meanwhile, lenders — banks and trust companies — are happy to hand out money.

Why? Because they aren't the ones facing the risk, in the event of a crash. That risk is in the hands of the lenders' default insurers, including the crown corporation, Canada Mortgage and Housing — our corporation.

Mortgage default insurance has been around for decades, and is not in itself a bad thing. Ordinarily a bank, by law, is permitted to provide first mortgage financing only to buyers with a 20 per cent down payment. Even in a reasonable market, that puts home ownership out of reach for many. But thanks to CMHC (and to two other private insurers), Canadians need to provide only a five-per-cent down payment, for homes valued up to \$1 million.

This insurance protects the lender, not the borrower. Upon default, the insurance company pays the bank, then pursues the borrower. As for the premium (which can be as much as 3.85 per cent of the amount borrowed), it is added to the debt. On a \$500K loan, that's another 20 grand — which, on a loan of half a million dollars, doesn't seem like much.

But it is. This will be painfully apparent when interest rates eventually go up. Payments on these massive loans might be manageable at 2.5 per cent, but at five, six or 10, they'll be impossible.

The market will fill with houses that people have to sell, and houses mortgaged beyond their value will be unsellable. The defaulted loans will be enforced by the insurers — including the taxpayer-subsidized CMHC — which will take the hit for any loss.

Despite collecting pre-

miums, CMHC has in the past been in a loss position when the real-estate market has crashed.

In order to cool the market without causing a crash, the federal government is introducing changes to the insured-mortgage rules effective Feb. 15, 2016, increasing the down payment to 10 per cent for the portion of a home value greater than \$500k. In a falling market, this minimal equity will quickly vanish.

Lenders hand out money at low rates, and we gobble it up, borrowing beyond our means to buy houses at inflated prices.

It's been quite the banquet. And if this banquet ends with a crash, even those of us who never borrowed a penny will be chipping in to pay the bill.

Diane Baker Mason is a Toronto-based novelist, writer and retired lawyer.

ROSEMARY WESTWOOD

metroview

The Bowie handbook for a crazy, creative, ever-changing life

The first time I listened closely to David Bowie, I couldn't see the stars at all.

I was driving B.C.'s switch-back, two-lane Sea-to-Sky highway at night, while construction crews laboured to widen the roads. The looming spotlights and dust kicked up by heavy machines obscured everything around the car.

I couldn't see more than a dozen metres ahead, and it felt like navigating some robot-strewn future, listening to a mixtape of Bowie, who seemed to be singing from somewhere beyond this world.

One chord from Ziggy Stardust, and the picture appears: me, young and truly alone for the first time, trying to make something of myself in a strange town. Dust, lights and darkness.

Many others will tell you, better than I could, what David Bowie meant to fashion, to finance, to music, to ideas of gender. But his effect on our notions of who and what we could be — that it is his most revolutionary legacy.

The David Bowie handbook for living would include such points as: You don't need to pick an identity, as you are infinitely changeable. Feel free to wear pants as large as you like. Weird is sexy. Never take half-steps in make-believe. Don't worry about gender conformity. Don't worry about fluid sexuality. Be insanely pro-

ductive. Be insanely creative.

The foremost ideal he portrayed was freedom. Second was gall. Both made him very rich, which was undoubtedly part of the calculation, but his wealth doesn't lessen the message.

I never became an avowed fan. I can't list off all his alter egos in chronological order and match his elaborate outfits to his world tours. But you didn't have to be a fan to understand the way he ignored the rules. And there could have been no better soundtrack to that summer, driving the highway at night and dreaming of who I could be.

Bowie will be remembered as a genius of the level few could aspire to. But there's nothing stopping anyone from aspiring to his approach to life, if to less dazzling and lucrative ends.

"I thought he was a vampire! I thought he'd live forever!" one colleague quipped, after word broke that Bowie died of cancer.

Few knew he was sick. Few believed he could die. But you really can't avoid it — even if you're Bowie. Eventually, you run out of costume changes. There's no more time to contribute to the world. There is no more time for shape-shifting.

With whatever time you have, why hold back when you could be more like Bowie?

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5 WAYS WE WILL REMEMBER DAVID BOWIE

As the world mourns the death of the legendary David Bowie, Metro looks at how the shape-shifting genius influenced pop culture for more than half a century METRO/THE ASSOCIATED PRESS/AFP

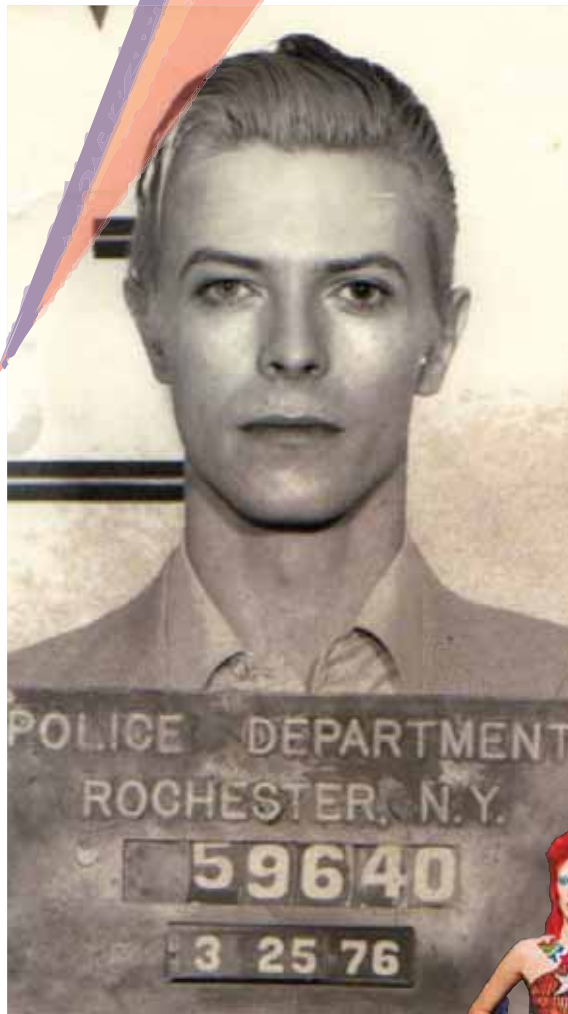
1 The Songs

Long before alter egos and wild outfits became commonplace in pop, Bowie turned the music world upside down with the release of the 1972 album, **The Rise and Fall of Ziggy Stardust and the Spiders from Mars** which introduced one of music's most famous personas.

Ziggy Stardust was a concept album that imagined a rock star from outer space trying to make his way in the music world. The persona — the redheaded, eye-liner-wearing Stardust — would become an enduring part of his legacy, and a touchstone for the way entertainers packaged themselves for years to come. Bowie scored hit after hit over more than four decades, ranging from **Changes**, **Starman**, and **Rebel Rebel**, to **Heroes**, **Ashes to Ashes** and 1981's **Under Pressure**.



TORSTAR NEWS SERVICE



David Bowie's mug shot from a 1976 pot bust.



CONTRIBUTED

4 The Duets

You may not think of Bowie as a Christmas artist, but his 1977 duet of **Peace on Earth/Little Drummer Boy** with Bing Crosby is a perennial favourite during the holiday season thanks to annual play on MuchMusic in the 1980s and '90s and millions of YouTube views. Bowie recorded a duet for the song **Under Pressure** with Queen in 1982, and performed it live with Annie Lennox. Other notable collaborations include the legendary **Dancing in the Street** with Mick Jagger, and **Hallo Spaceboy** with Nine Inch Nails and also the Foo Fighters.

5 The Fashion

Bowie — with his outrageous alter egos — was as renowned for his image and influence on fashion design as he was for his music.

From the much-copied lightning-flash face paint of Aladdin Sane, the oversize shoulders and white shirt collars of Thin White Duke to the trilby hat and floppy fringe of the alien he played in the movie **The Man that Fell to Earth**, Bowie for decades boldly broke boundaries in style and gender with his influential looks.

Then there was, of course, 1972's flame-orange-haired **Ziggy Stardust** — his most recognizable invention. Jean Paul Gaultier (a Ziggy-inspired design from a 2013 Gaultier collection is shown at left), Dior, Saint Laurent and Dries Van Noten and fashion-conscious actresses such as Tilda Swinton all owe Bowie a lot. Trends in recent seasons have turned the clocks back to the glam rock of the 1970s and '80s — a Bowie signature.



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2 The Movies

Bowie will always be remembered for his tight-pants-wearing turn as Jareth the Goblin King in the 1986 fantasy-adventure film **Labyrinth** (inset) and as Maj. Jack "Strafer" Celiers in the BAFTA-winning Japanese prisoner of war film **Merry Christmas, Mr. Lawrence**.

Bowie won an acting award for his performance as Thomas Jerome Newton, an extraterrestrial, in **The Man Who Fell to Earth**, and appeared as a vampire opposite Catherine Deneuve in **The Hunger** (top). Other acting credits include **Twin Peaks: Fire Walk with Me**, **Basquiat** — where he played Andy Warhol — Pontius Pilate in Martin Scorsese's controversial **The Last Temptation of Christ** and Nikola Tesla in Christopher Nolan's thriller **The Prestige**.



3 The Man

"My entire career, I've only really worked with the same subject matter," Bowie told The Associated Press in a 2002 interview. **"The trousers may change, but the actual words and subjects I've always chosen to write with are things to do with isolation, abandonment, fear and anxiety — all of the high points of one's life."**

During his career, Bowie famously declared himself bisexual in the 1970s. In a 1983 Rolling Stone article he called the declaration the biggest mistake he ever made, qualifying that comment to Blender magazine in 2002 to say "I don't think it was a mistake in Europe, but it was a lot tougher in America."

In the 1980s he famously and publicly challenged MTV on its refusal to play black music videos on air.



Playing pregnancy roulette

HEALTH POLICY

Canada lags behind other nations in birth control access

Liz Brown
Metro | Canada



When her period comes each month, Anne Wilson* breathes a sigh of relief. "I'm like, oh thank God," she says, laughing

nervously.

The 31-year-old Toronto entrepreneur doesn't want to play roulette with pregnancy, but she's left with few options due to health issues that prevent her from using most forms of birth control. At present, she and her partner use condoms, but, "I can tell you we're not using them perfectly 100 per cent of the time," she says.

Doctors have advised her that her only option is an IUD. Wilson's painful menstrual cramps remove the copper IUD from her list of options — it's known to exacerbate cramps in some

women — leaving her with two remaining choices: hormonal IUDs Mirena and Jaydess.

But Wilson can't afford either — both cost upwards of \$300 and subsidized birth control clinics don't offer them.

"I'm just starting a business so I'm always worried about when money is coming in, and these costs add up," she says. "I wish there were more options."

Wilson isn't alone.

According to the Canadian Contraception Consensus report from the Society of Obstetricians and Gynaecologists of Canada, 15 per cent of sexually active



Canadian women aren't using any form of birth control and 20 per cent are using a form of birth control inconsistently. And according to the World Health Organization, 51 per cent of pregnancies in North America were unintended in 2012 (a stat that includes pregnancies that were not carried to term).

Low-income women are twice as likely to use no contraceptives compared to the highest earners. And one third of Canadian women will have an induced abortion at some point in their life. Simply put, Canadian women are facing enough barriers to birth control that a substantial number are risking unplanned pregnancy each month.

"When we look around the world, Canada is one of the only societies that pays for universal health care ... but doesn't provide free contraception," says Dr. Wendy Norman, chair of the Contraception Access Research Team (CART) at the University of British Columbia. "The number one barrier that we've identified for women accessing birth control is cost," she adds.

The United States, 11 countries in Europe, the U.K., Australia and New Zealand all provide a universal subsidy for contraception.

In Canada, however, affordable birth control is provided through a patchwork of sexual health clinics funded by public health authorities. While these clinics do offer affordable options such as oral contraceptives ranging from free to \$10 per month, or five-year copper IUDs for \$60, many women find it difficult to access due to limited clinic hours

“As soon as a subsidy is brought in, particularly for highly effective methods like IUDs, the population shifts towards using them.”

Dr. Wendy Norman

and long wait times.

Catherine Datta, the north-east manager of the Toronto Sexual Health Clinics, notes that in 2014, over 63,000 people visited clinics in Toronto and sometimes experienced wait times of more than two hours.

"The hours (of clinics) don't support the people who may use them the most," agrees Pam Krause, executive director of the Calgary Sexual Health Centre. According to Krause, the clinics in Calgary have hours similar to school and offices.

That leaves many women using condoms or withdrawal for birth control, two methods with the highest rates of failure — 21 per cent failure for condoms over one year of typical use, and a 22 per cent failure for withdrawal over one year of typical use, according to research from Princeton University in 2011. In contrast, less than 1 per cent of women using an IUD will become pregnant over one year.

"Because the least effective contraceptive methods cause the most pregnancies, it costs the health system much more than it would to provide a more expensive option because so fewer pregnancies result when consumers use the most effective methods (which are the most expensive)," says Norman.

According to Dr. Norman, free, accessible birth control is one of the easiest ways to reduce costs on the health care system.

American research shows that the nation's publicly-funded clinics — which provide access to free or subsidized birth control — saved the U.S. \$13.6 billion in 2010, or about \$7 for every public dollar spent.

A study from St. Louis, Mo., conducted between 2007 and 2011 involving 10,000 young women given the option of various methods of free birth control resulted in a dramatic drop in unintended pregnancy. The annual rate of pregnancy for participants in the study was 34 per 1,000 women, compared to a national average of 57 per 1,000.

About 75 per cent of the participants opted for long-acting IUDs. In contrast, only about 2 per cent of the general female population in the U.S. use an IUD.

"As soon as a subsidy is brought in, particularly for highly effective methods like IUDs, the population shifts towards using them," says Norman.

"In Canada we don't have much research to guide us. (Contraceptive access) hasn't ever been a core principle within public health," she adds.

LIZ.BROWN@METRONEWS.CA

*Name changed at source's request.

Azrael Domestic Medium Hair

It is hard NOT to notice 10-year-old Azrael, a grand and magnificent figure. He is a mature, healthy adult who has found himself in need of a loving forever home. His steady, calm gaze suggests he is interested in knowing what is going on with you. He is a big sook, rolling around and rubbing against you to make sure you can give him a good petting. This wonderful boy is ready to head home with someone who will give him the love and attention he so deserves. **Could that someone be you?**



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LEARNING CURVE

Stay hot during your winter semester

Whether you came back from the break feeling recharged or maybe still catching up on sleep, the winter semester is here. And to make the most of it, students are planning on ways to improve their grades and time management skills, and remembering to enjoy school, too.

"I want to learn to sleep better and work out," says University of Winnipeg student Trisha Navidad. "Basically, I'm going to make sure to challenge not only my brain, through studying. I'm also never going to schedule my classes at four in the afternoon with night classes again."

She says she's a little nervous coming back for a new semester, but more excited than anything. With still a few years to go, Navidad wants to master the fine balance between focusing on school and not letting it be the only thing in her life.

"I think my biggest goal in attending



ALANA TRACHENKO

university is getting my dream job, which is either a career in PR in the tourism or film industry," she says. "But I think my other goal is to become the person I want to become and

develop good habits."

Navidad says it's a steady learning process, in and out of the classroom.

"Now I know that at 4 p.m. there are less

people on the bus and you can actually get a seat."

UW student Adrienne Tessier also wants to strike a balance between school and all of her extracurriculars, including coaching debate, working with non-profit organizations and her three jobs.

"It's a bit crazy," she admits. But Tessier says she loves the academia setting.

"I'm going to see this term as a continuation of my first term successes, and not see it as a new start," she says. "Seeing this term as a part of a longer journey helps me to keep things in perspective."

With just a bit of her degree left, Tessier is getting a lot out of the smaller class sizes and various elective classes. She says she's already excited for next year and plans on submitting a couple of papers to peer-reviewed journals.

— ALANA TRACHENKO

Prepare for a dynamic and creative career as a veterinary assistant

For those who have ever wondered how to turn their love of animals into a career, the new veterinary assistant program* at Success College is a great place to start.

The program is designed to provide students with a solid foundation of knowledge and practical skills necessary to become an effective member of the veterinary team — whether that be as an animal care worker, animal attendant or veterinary assistant.

"One of our core strengths is preparing students for a dynamic and creative career as a veterinary assistant," says Janice Currie, director, Success College.

"This is a new program at Success College and is ideal for people living in rural or suburban Nova Scotia."

The modules cover subjects in the primary areas of veterinary office procedures, animal behaviour, anatomy and physiology, handling and restraint, nutrition, terminology, records management, accounting and customer service.

The program also includes clinical practice modules on subjects such as vaccines, toxicology, dentistry, standard operating room conduct and preparation, and general care information about exotic pets and wildlife.



CONTRIBUTED

Graduates of this program may be able to find work in animal hospitals, animal and wildlife shelters, as animal trainers, dog walkers, groomers, in kennels, stables, doggie day care, pet stores, veterinary clinics, zoos, and more.

For more information about this new program, visit successcollege.ca.

* This program is pending approval by the Department of Labour and Advanced Education.

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Osteopaths gain while taking away pain

Clients seek treatment from an osteopath for a wide variety of conditions, including back pain, joint pain, changes to posture caused by driving or work strain, the pain of arthritis, and sports injuries.

The study program in osteopathy at College D'Etudes Osteopathiques (CEO) in Halifax can train individuals to offer this treatment option in this growing field.

"Osteopathy embraces the philosophy that the body has an innate or natural ability to self-regulate and to heal itself," says Peter Goodman, DOMP — manual osteopath, principal Halifax/CEO campus. "The key factor that permits this process to proceed unimpeded is the ability of the body to circulate all of its fluids and liquids."

Goodman says osteopathy treats the cause, not the symptoms. "Osteopathic manual practitioners assess and treat your body as a whole, seeking to identify areas of the body that are not functioning optimally, then gently easing these restrictions so that normal function can resume."

Goodman says manual osteopathy is based on four basic principles:

- Each structure in the body supports the



ISTOCK

body's functions. If a structure is damaged, out of place, or otherwise not working properly, the body will not function at its best.

- The natural flow of the body's fluids — lymphatic, vascular, and neurological — must be preserved and maintained.

- The human body is the sum of its parts. Its physical, emotional, social, spiritual, and cognitive systems don't work independently, they work in harmony.
- When the body has no restrictions, it has the inherent ability to heal itself.


REQUIREMENTS FOR THE COURSE

- University degree in medicine (related field) to directly access the program.
- Required to follow a pre-admissions program in basic health sciences. Massage therapists with a minimum of 2,200 hours of training.
- Foreign candidates holding a recognized diploma are accepted.
- Review of files of other candidates that do not hold a recognized diploma.

Osteopathic therapy is not exclusive to one demographic.

Osteopathic clients include infants to the elderly, athletes and weekend warriors, pregnant women and those trying to conceive, manual workers and office professionals.

For more information or to register for the program starting in September, contact Louise Seguin at 1-800-263-2816 ext. 229, or at admission@ceo.qc.com.



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College gets important veterinary accreditation

Maritime Business College is pleased to announce that its veterinary technology program has been accredited by the Canadian Veterinary Medical Association.

"This is a major accomplishment — it validates that our level of training meets the high standards set by the Canadian Veterinary Medical Association," says Janice Currie, chief operating officer at MBC. MBC launched its veterinary technology program in 2013, and began the accreditation process at that time.

"The Canadian Veterinary Medical Association (CVMA) requires that the program be running for a period of time so that it can properly evaluate the instructors, the curriculum, and the facilities," says Currie.

This is also an important achievement because the Nova Scotia Veterinary Association requires that Registered Veterinary Technicians pass the VTNE (Veterinary Technician

National Examination), and candidates are only eligible to write this exam if they have graduated from an accredited veterinary technology program. Partnerships with local animal care organizations have also helped this program and students succeed.

"We are fortunate to have an incredible partner in the Metro Animal Emergency Clinic," says Dr. Emily Reiner, veterinary technology program director.

"They have allowed us to take advantage of their facilities during the day when they are closed, and this space has provided our students with an exceptional environment for clinical learning."

MBC is the only regulated career college to offer a veterinary technology program in Nova Scotia and has two intakes per year. For more information, visit maritimebusinesscollege.ca.

Team your creative with technical skill

Graphic designers and web developers play an important role in the success of marketing.

As a specialized web and graphic designer through training in the graphic design and web development program offered through daVinci College, you can work in a team, do freelance work, or open your own design company.

"We enable designers to build rewarding careers by integrating their knack for creativity with the technical skills required to build a website," says Janice Currie, director, daVinci College. "Our graduates often work alone or in a team environment to collaborate on dynamic, engaging websites."

Students of this program learn to combine their creative flair with technical smarts, cost management, and schedule management to deliver projects on time and on budget.

Upon completion of the program, students possess the skills they need to build their own freelance business or to work in a variety of



CONTRIBUTED

sectors within the design and web development industry.

"The work is very hands-on, and students graduate with a portfolio of work that opens doors and helps secure a job," says Currie.

"You will also build a business plan so you are ready to launch as a self-employed designer should you choose that route after graduation."

By training in both graphic design and web development, a wide variety of diverse career opportunities are available to graduates of this program. For more information about this program, visit davincicollege.org.

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Canada's Daniel Nestor hit a career milestone at the Apia International Sydney Monday with his 1,000th ATP Tour doubles win



Rangers righting the ship

NHL

Win over Bruins latest sign New York is turning season around

After an atrocious second quarter of the season, the New York Rangers are starting to find their game again.

They beat Western Conference-leading Dallas on Tuesday. They rallied from a two-goal deficit in the third period and took the lead against Eastern Conference-leading Washington before losing in overtime on Saturday.

And the latest step came Monday night, when Jesper Fast scored on a deflection in front with 1:42 to play for a 2-1 win over the Boston Bruins.

"The way we came back today, we played a really solid game and turned it up in the third, which is really a good sign that we have that determination and won't give up," said Henrik Lundqvist, who made 32 saves — including a highlight-reel stop on Max Talbot.

It's been a long time coming. After opening the season 16-3-2, the Rangers went 3-9-2 before going 4-2-1 in their last seven games.

"The last four or five games we've started playing like ourselves," said Derick Brassard, who scored early in the third period to tie it. "Even if we are down in the score, we see those signs that we can come back. It shows a lot of character. The difference in the third period tonight was



Jimmy Hayes of the Boston Bruins slides into Henrik Lundqvist of the New York Rangers on Monday night at Madison Square Garden. BRUCE BENNETT/GETTY IMAGES

our will, and we found a way to win the game."

It marked the first time this season the Rangers overcame a deficit at the start of the third period and won in regulation. They were 0-11-2 entering the game.

The victory also was only their fourth in 12 meetings with Boston.

MONDAY In Manhattan



Jimmy Hayes scored for the Bruins, and Tuukka Rask had 28 saves. Boston is 2-6-1 in its last

nine games.

"We have to learn to win tight games," Bruins coach Claude Julien said. "Need more desperation at the end. We were good for the first 40 minutes. The third period just wasn't as good."

Lundqvist kept the game tied with a magnificent save on Talbot shortly after Brassard evened the score early in the third.

With the goalie out of position after a shot in front, the puck came to Talbot to the left of a wide-open net. Lundqvist slid back with his pad on the ice and then lifted his leg to make a pad save as Talbot elevated the puck.

Fast got the game-winner by deflecting a point shot from defenceman Keith Yandle.

THE ASSOCIATED PRESS

IN BRIEF

Bettman: Time is now to upgrade on Saddledome

NHL commissioner Gary Bettman has told Calgary to get moving on a new arena for the Flames, but Mayor Naheed Nenshi says the city will not be hurried into a multimillion-dollar project.

Bettman told the city's business community at a chamber of commerce event Monday there should be more urgency to get the project underway, particularly from city council.

The 20,000-seat arena and 30,000-seat football stadium, part of the proposed CalgaryNEXT project, will cost an estimated \$890 million.

"I'm having trouble understanding why there hasn't been further progress on CalgaryNEXT," Bettman said. "No matter what anyone thinks of the proposed CalgaryNEXT project or the cost of the project, the cost is never going to be lower than it is today." THE CANADIAN PRESS

Nets waiting to cue till comeback after Spurs

LaMarcus Aldridge had 25 points and 11 rebounds as the San Antonio Spurs extended their winning streak to eight with a 106-79 victory Monday night over Brooklyn in the Nets' first game since an organizational shake-up.

A day after coach Lionel Hollins was fired and general manager Billy King reassigned, the Nets dropped their 10th straight at home and fifth in a row overall.

THE ASSOCIATED PRESS

Chapman is Girardi's choice to close for Yankees

Yankees manager Joe Girardi says newly acquired left-hander Aroldis Chapman will go into spring training as New York's closer.

During an interview on the YES Network, Girardi revealed Monday he is choosing the hard-throwing Chapman over Andrew Miller.

THE ASSOCIATED PRESS



Aroldis Chapman
GETTY IMAGES

TENNIS

Bouchard cruises to win Down Under

Eugenie Bouchard provided relief from a deluge of bad injury news in the women's game ahead of the Australian Open, as the Canadian won 6-2, 6-1 against Bethanie Mattek-Sands at the Hobart International on Monday.

The former No. 5 is on the comeback trail since sustaining a concussion when she fell in the dressing room during last year's U.S. Open, with the Shenzhen Open last week being her first tournament since.

THE ASSOCIATED PRESS



Eugenie Bouchard
ROBERT CIANFLONE/GETTY IMAGES

IN BRIEF

UK Athletics: Reset track and field world records

All world records in track and field should be reset and lifetime bans should be imposed on serious drug cheats to clean up the sport, the governing body of British athletics said Monday.

UK Athletics published "A Manifesto for Clean Athletes" containing 14 proposals aimed at restoring credibility to a sport battered by allegations of widespread doping, coverups and corruption. THE ASSOCIATED PRESS

FIFA

Messi awarded his fifth Ballon d'Or

Lionel Messi has won the FIFA world player of the year award for a record fifth time.

Messi ended Cristiano Ronaldo's two-year hold on the Ballon d'Or trophy on Monday to lift soccer's top individual honour.

The Barcelona forward regained the prize after his club won five major titles last year, leaving Ronaldo's Real Madrid with nothing.

Messi got 41.33 per cent of total voting points in a 23-candidate ballot. Ronaldo received

“It's incredible that it's my fifth. It's much more than anything I dreamed of as a kid.”
Lionel Messi

27.76 per cent and third-place Neymar got 7.86 per cent.

THE ASSOCIATED PRESS

RECIPE Kale Pesto Pizza



Ceri Marsh & Laura Keogh
For Metro Canada



You've got leftover kale from yesterday's dinner, right? Can you think of anything better to do with it than pizza? We can't either!

Ready in

Prep time: 30 minutes

Serves 4**Ingredients**

- 3/4 bunch kale, cleaned and tough stems removed
- 1/4 cup of chopped onion
- 2 cloves garlic, chopped
- 1 1/4 Tbsp extra virgin olive oil
- 1 package frozen whole wheat pizza dough
- 1/4 cup corn meal
- 1/2 cup ricotta cheese
- 1/2 cup fresh, shaved Parmesan cheese
- 2 Tbsp all-purpose flour
- drizzle of extra virgin olive oil

Directions

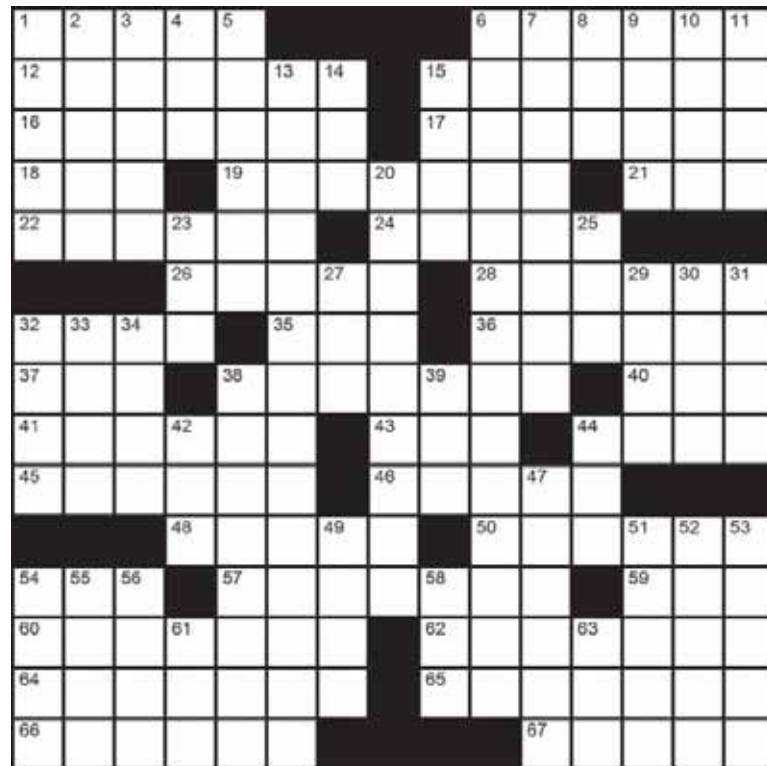
1. Preheat oven to 425 F.
2. In a large pan, heat oil over medium heat. Add garlic and onion and sauté until translucent, about 3 minutes. Add kale and stir. Cover and allow kale to wilt, about 6 to 8 minutes. Place everything in a food processor. Pulse until it becomes the texture of a fine pesto. Set aside.
3. Place the cornmeal on a flat surface and flour your rolling pin. Roll out the dough until it's about an inch thick. Place on a baking sheet or pizza stone. Brush oil onto dough. Spread the kale pesto evenly across the surface of the dough. Using a table-spoon, place dollops of ricotta randomly on the pie. Sprinkle with Parmesan cheese.
4. Place pizza stone or baking sheet in the oven. Cook for 10 to 12 minutes, or until crust is crispy and cheese is bubbling.

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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

1. Skincare formula
6. Trumpet sound effect, when doubled
12. In proportion: 2 wds.
15. Aria performer
16. Sixth sense
17. Arno __, Canadian author of The Oil Man and the Sea: Navigating the Northern Gateway
18. "Why'd You __" by Colin James
19. Chair the conference call
21. Rested in the recliner
22. Subway station on the Sheppard Line in Toronto
24. Rand McNally publication
26. Is rife with
28. Shoot for the stars
32. Desert's climate
35. MS-__
36. Drew close
37. Canadian actor Mr. Carrou
38. French for 'ducks'
40. 'Human' suffix
41. Deceive
43. Fashionable dresser
44. Mr. Warhol
45. Delivers an off-the-cuff speech
46. Props for clarinets
48. Religious doctrine
50. Brought up
54. Movie studio area



57. Mr. Glover of movies
59. Corn unit
60. Momentous
62. Captive held for ransom
64. Cassava pudding

65. Preferably
66. Everett __ of "Citizen Kane" (1941)
67. Country singer LeAnn

DOWN

1. Tumble
2. Mr. Coombs of

- "Mr. Dressup"
3. Romantic flowers
4. Mr. Geller
5. Chattering bird
6. Prehistoric time in Canada noted for the emergence of pottery: 2 wds.

7. Placates
8. Charlemagne's li'l domain
9. WWII-era service-women
10. "Diana" singer Paul
11. Country singer Mr. Axton

13. "Painkiller" and "I Am Machine" are hits off this Canadian hard rock band's current album 'Human': 3 wds.
14. 'Deterior' suffix
15. Showbiz routine
20. Tree known for its aromatic bark/roots
23. Company name abbr.
25. Locale of leisure
27. Work week starter [abbr.]
29. It's pumped at gyms
30. Actress Tara
31. Guitarist Duane
32. Dawn love song
33. Marsh plant
34. IOC part [abbr.]
38. Gemstone that is polished but not faceted
39. __ v. Wade
42. Empty
44. __ matter of fact...
47. More crowded/thick
49. Ms. Kunis
51. Kingdom
52. Bird of Jove
53. Squirrel nests
54. Net balls
55. Iridescent gem
56. __ Gigio (Mouse puppet of classic TV)
58. Greek alphabet's 21st letter
61. Spy org.
63. Skater Ms. Babilonia

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Cosmic activity in the area of your chart that rules your vocation is urging you to aim higher. Don't let the critics and cynics hold you back by undermining your confidence.

Taurus April 21 - May 21
You seem reluctant to voice your opinion, even though you have something of value to say. Overcome your doubts and express yourself in a way that everyone can understand.

Gemini May 22 - June 21
It may seem as if someone you work or do business with has been cheating you but the planets warn you can't trust your senses, so don't say or do anything, at least not until you can see things a little more clearly.

Cancer June 22 - July 23
You won't have trouble persuading others to back your ideas but you may have some trouble later on if they don't work out as expected. Don't make promises you can't keep.

Leo July 24 - Aug. 23
A habit is holding you back and you're desperate to get rid of it. But in getting rid of one bad habit you could so easily replace it with another that is ten times worse.

Virgo Aug. 24 - Sept. 23
It may be fun pointing out the inadequacies of people in positions of authority but be careful. The last thing you need is to create enemies of those who have the power to make things difficult for you.

Libra Sept. 24 - Oct. 23
Don't take what you're told at face value today — check the facts for yourself. What others say may sound convincing but you're only being told part of the story.

Scorpio Oct. 24 - Nov. 22
You may be resentful that changes are being imposed but there is no point making a fuss about it. Go with the flow. You will get the chance to change things back again later on.

Sagittarius Nov. 23 - Dec. 21
Resist the temptation to embellish facts or deceive people today. It may seem like the easy thing to do but in the long-term you are sure to regret it. You have a well-deserved reputation for honesty — don't lose it.

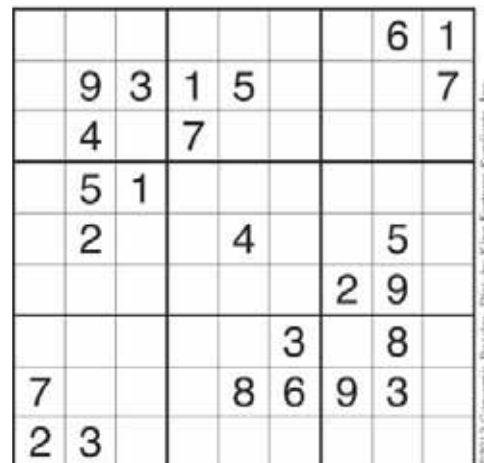
Capricorn Dec. 22 - Jan. 20
You may be inclined to rely on your intuition today but the planets warn against it. Stick to the facts and, where relationships are concerned, err on the side of caution.

Aquarius Jan. 21 - Feb. 19
Reel in your fears. Take your mind off your worries by focusing on the things you have to be thankful for. By the time you get through them the day will be over — and tomorrow will be more to your liking.

Pisces Feb. 20 - March 20
Don't take friends for granted. Those who think highly of you will help out, but if they find out you've been playing mind games they won't be happy.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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Sorento SX Turbo AWD shown†

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